EFFICACY OF COMBINED YOGA AND AYURVEDA BASED FOOD INTERVENTIONS AMONG WOMEN WITH HYPOTHYROIDISM

A SYNOPSIS

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in partial fulfillment of the requirements for the degree of

DOCTOR OF PHILOSOPHY

IN

YOGA

FACULTY OF YOGA SCIENCE AND THERAPY

MEENAKSHI ACADEMY OF HIGHER EDUCATION AND RESEARCH

(DEEMED TO BE UNIVERSITY)

CHENNAI-600078.

MAY – 2024